

Lesson 21 - God gave us Teeth

Aims

To learn that God gave us teeth and we must take care of them

Dentists help to take care of our teeth and we don't need to be afraid of visiting the dentist

Materials

- * Me at the Dentist, by Jan Godfrey (Lion Publishing)
- * Pictures of animals' teeth
- * tube of children's toothpaste
- * children's own toothbrushes
- * mirror to look at teeth
- * picture from the story to colour

Lesson Outline

1. Introduction
2. Story & Discussion
3. Activities - brushing teeth, colouring a picture
4. Review aims
5. Prayer

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1) Introduction

Ask the children if they brushed their teeth this morning. Do they brush them twice a day? Who knows what a dentist is? Today's story is called "Me at the Dentist."

2) Story and Discussion

- * Read "Me at the Dentist"

- * Talk about dentists

Would you like to go to a dentist? Would you be afraid?

What did the dentist do to the boy's teeth? - *looked with a mirror, brushed them with an electric toothbrush, asked the boy to rinse his teeth - this was a check up*

What else can a dentist do? - *take pictures of our teeth, straighten crooked teeth, do fillings for bad teeth, or even pull out very bad teeth*

- * Talk about teeth

Why do we clean our teeth every day? What food is good for our teeth? (*carrots*)

What food is bad for our teeth? (*sweets*) How many teeth do we have?

Look in a mirror to count teeth and find the different kinds

What can we bite, crunch and chew with our teeth?

Look at different animals teeth (*alligator, lion, walrus, rabbit, horse, elephant, shark*)

What do they eat?

3) Activities

- * Everybody shows their toothpaste and toothbrush. Everybody cleans their teeth.
- * Colour the picture from the story

4) Review the aims of the lesson

To learn that God gave us teeth and we must take care of them

Dentists help to take care of our teeth and we don't need to be afraid of visiting the dentist

5) Prayer

Say a prayer to thank God for giving us teeth and make a promise to take care of them.



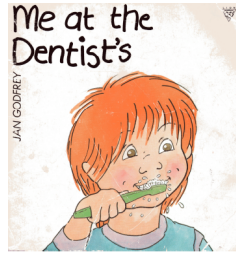






Me at the Dentist

by Jane Godfrey



Mum took me to visit the dentist. In the waiting room there were pictures of some animals with sharp teeth. “God has given us our teeth to eat with,” said mum. “Different creatures have different teeth to eat and bite and crunch and chew with. We have to take good care of our teeth, to keep them white and strong.”

“Hello,” said the dentist, who had a big smile. “Let’s have a look at your teeth. Open wide.”

I said, “NO. I don’t want to. I shall bite.” And I shut my mouth very tightly. SNAP.

“That’s a pity,” said the dentist. “I was hoping we could be quick and there might be time to play some games.”

Games sounded fun. I opened my mouth wide and pretended I was an alligator with HUGE teeth.

The dentist looked at my teeth with his little mirror. Then he buzzed them with a little brush. then he said, “You’ve got good white strong teeth.”

The dentist said, “Rinse please.” So I rinsed my mouth in pink water. “Spit please.” So I spat. Everywhere.

The dentist said, “Oh dear, but never mind, you’ve been so good there’s time to play.”

I rode up and down in the chair. I squirted the rinsing fountain. I looked in the little mirror. The dentist gave me a badge with a picture of a smiling alligator on it. I said “Thank you” and “Goodbye” to the dentist.

At bedtime I brushed my teeth hard. Thank you, God, for my teeth. Thank you for making them white and strong so I can eat and bite and crunch and chew. Good night.

Thank you God
for my strong white teeth,
which I brush everyday.





Thank you God for my strong white teeth, which I brush everyday.